All our courses are based on learning by doing. We initiate and accelerate learning journeys through interactive assignments, presentations, group exercises, buddy coaching, discussions, personal case studies and action planning.

**PRE-WORK**
- Complete a questionnaire on presentation skills
- In consultation with your manager, identify 2-3 development goals relating to your presentation skills and identify an opportunity to give a real presentation in the 3-6 weeks after the course
- Prepare a three-minute elevator pitch that you will present in the course

**Day 1**
- Introduction of participants through elevator pitches (prepared during pre-work)
- How to plan, structure and prepare your presentation, tweaked to your audience
- Inspiring presentations – how to work with your voice and body language
- Bringing your elevator pitch to the next level using the theory and feedback you have been given
- Practice sessions improved elevator pitch

**Homework**
- Reading assignment
- Integrate visual aids in your elevator pitch to prepare for day 2
- E-module to help you overcome ‘stage fright’

**Day 2**
- Techniques that help you deal with stress
- Enhancing your improvising skills
- How to manage a challenging audience
- Using visuals and metaphors to make your presentation more inspiring
- Practice sessions final elevator pitch presentation

**Post-class assignments**
- Manager conversation 1: revisit the presentation opportunity that you agreed on during the pre-work assignment. Discuss your approach and any support you might need
- Deliver your presentation to a group of peers or stakeholders and ask for feedback
- Manager conversation 2: debrief the presentation experience and feedback you received Agree on future opportunities to continue improving your presentation skills